

FCCLA and The Culinary Arts

Students from Allen County, Metcalfe County, Bowling Green and Barren County High Schools came together recently to compete in an FCCLA regional culinary event in hopes of making it to the 2014 State Conference.



Teams of participants had to first develop a plan for the time allotted, (right) and then began with the kitchen preparation, (above).



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Each group prepared the same meal and were provided all the necessary food ingredients for a main course, side dish and a dessert.

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Students measured their ingredients carefully as the teams were allowed 60 minutes to create the complete meal.



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The Culinary Arts competition is a team event recognizing participants enrolled in an occupational culinary arts food service training program for their ability to work as members of a team to produce a quality meal using industrial culinary arts/ food service techniques and equipment.

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Participating students are scored by a rubric that includes safety and appearance, team organization, food production, food taste and presentation.



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At the state level the 1st, 2nd and 3rd place winners have the opportunity to receive scholarships and prizes but only 1st place winners will continue to national competition for additional scholarship opportunities.



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1st Place: Metcalfe County, (top right)
2nd Place: Barren County, (top left)
3rd Place: Bowling Green, (bottom right)